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05/01/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000368 FRENCH TOAST STICKS (ELEM) | SERVING (3 PC) | 1 | 207 | 1.24 | 249 | 6 | \*N/A\* | 7.47 | 0.00 | 0 | 30.71 | 2.49 | 4.98 | 249 | 33.2 | 3.98 | 1.58 | | 000349 SYRUP,MAPLE | TBSP | 1 | 56 | 0.00 | 24 | 9 | \*N/A\* | 0.02 | 0.00 | 0 | 13.92 | 0.00 | 0.00 | 2 | 0.0 | 0.36 | 0.00 | | 000107 SAUSAGE PATTY (1 EACH) | EACH | 1 | 70 | 1.50 | 260 | 0 | \*N/A\* | 5.00 | 0.00 | 25 | 0.00 | 0.00 | 7.00 | 0 | 0.0 | 0.00 | 0.36 | | 000447 POTATO, TRI-TATER | EACH | 1 | 100 | 0.50 | 280 | 1 | \*N/A\* | 4.50 | 0.00 | 0 | 14.00 | 1.00 | 1.00 | 0 | 0.0 | 1.80 | 0.00 | | 000068 BANANA (HALF) | HALF | 1 | 52 | 0.00 | 0 | 7 | \*N/A\* | 0.00 | 0.00 | 0 | 13.50 | 1.50 | 0.50 | 50 | 5.0 | 5.10 | 0.18 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | Weighted Daily Average |  |  | 1845 | 14.20 | 2548 | \*59 | \*0 | 79.08 | 0.00 | 62 | 214.14 | 15.19 | 80.37 | 1029 | 523.1 | 11.64 | 11.02 | | % of Calories |  |  |  | 6.93% |  | \*12.8% | \*0% | 38.6% | 0.0% |  | 46.4% |  | 17.4% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Thursday - 05/02/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 990054 SPAGHETTI NOODLES (ELM/MS) | 1/2 CUP | 1 | 202 | 0.00 | 0 | 2 | 0 | 1.01 | 0.00 | 0 | 41.51 | 1.01 | 7.09 | 0 | 0.0 | 0.00 | 1.82 | | 990056 SPAGHETTI SAUCE (ELM/MS) | 1/3 CUP | 1 | 126 | 2.05 | 369 | \*0 | \*N/A\* | 7.57 | 1.02 | 27 | 6.23 | 0.02 | 7.18 | 569 | 12.6 | 0.09 | 0.62 | | 000371 BREADSTICK, GARLIC TWIST | EACH | 1 | 85 | 0.00 | 170 | 1 | \*N/A\* | 1.25 | 0.00 | 0 | 15.50 | 1.00 | 5.00 | 1 | 30.0 | 1.50 | 1.80 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | | 000199 SALAD, SIDE | CUP | 1 | 38 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 37.80 | 0.00 | 18900 | 0.0 | 45.36 | 0.00 | | 000036 SALAD DRESSING | 1 TBSP | 1 | 37 | 0.53 | 148 | 0 | \*N/A\* | 3.70 | 0.00 | 5 | 0.53 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | | 990087 COOK'S CHOICE FRUIT (1/2 CUP) | 1/2 CUP | 1 | 25 | 0.00 | 5 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 8.00 | 1.00 | 0.00 | \*N/A\* | 5.0 | 1.20 | 0.00 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | Weighted Daily Average |  |  | 1614 | 11.09 | 2152 | \*54 | \*0 | 57.94 | 1.02 | 69 | 197.58 | 51.30 | 75.99 | \*34879 | 549.0 | \*53.54 | 10.94 | | % of Calories |  |  |  | 6.18% |  | \*13.4% | \*0% | 32.3% | 0.6% |  | 49.0% |  | 18.8% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Friday - 05/03/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000162 HOT DOG | EACH | 1 | 160 | 6.00 | 520 | 0 | \*N/A\* | 16.00 | 0.00 | 45 | 10.00 | 0.00 | 6.00 | 0 | 0.0 | 2.40 | 0.00 | | 990155 HOT DOG BUN, POG | EACH | 1 | 160 | 0.00 | 250 | 6 | \*N/A\* | 2.00 | 0.00 | 0 | 29.00 | 3.00 | 6.00 | 0 | 80.0 | 0.00 | 1.08 | | 000487 POTATOES, FRENCH FRIES, BAKED | 1/2 CUP | 1 | 120 | 0.50 | 40 | 0 | \*N/A\* | 3.50 | 0.00 | 0 | 20.00 | 1.00 | 2.00 | 0 | 10.0 | 0.00 | 0.60 | | 000133 APPLESAUCE CUP | EACH (4 OZ) | 1 | 44 | 0.00 | 13 | 11 | \*N/A\* | 0.00 | 0.00 | 0 | 12.44 | 0.89 | 0.89 | 53 | 888.9 | 0.00 | 0.00 | | 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | | 000451 MUSTARD, YELLOW | TBSP | 1 | 11 | 0.03 | 188 | \*N/A\* | \*N/A\* | 0.66 | 0.00 | 0 | 0.96 | 0.15 | 0.70 | 0 | 12.6 | 0.00 | 0.30 | | Weighted Daily Average |  |  | 1882 | 17.49 | 3060 | \*53 | \*0 | 84.25 | 0.00 | 82 | 220.82 | 16.44 | 83.08 | 1002 | 1500.4 | 4.72 | 11.53 | | % of Calories |  |  |  | 8.36% |  | \*11.3% | \*0% | 40.3% | 0.0% |  | 46.9% |  | 17.7% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Monday - 05/06/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000206 CHICKEN & GRAVY (ELEM/MS) | 1/3 CUP | 1 | 142 | 1.48 | 509 | \*1 | \*N/A\* | 5.90 | 0.00 | 66 | 1.18 | 0.02 | 20.82 | 39 | 12.4 | 0.00 | 0.86 | | 990059 NOODLES, BUTTER (ELEM/MS) | 3/4 CUP | 1 | 160 | 3.98 | 57 | \*N/A\* | \*N/A\* | 7.02 | 0.00 | 39 | 20.32 | 0.94 | 4.10 | 195 | 11.7 | 0.00 | 1.14 | | 001065 PEAS (1/2 CUP) | 1/2 CUP | 1 | 59 | 0.05 | 186 | \*N/A\* | \*N/A\* | 0.34 | 0.00 | 0 | 10.71 | 3.48 | 3.74 | 653 | 17.0 | 7.74 | 0.81 | | 990032 PEARS (1/2 CUP) | 1/2 CUP | 1 | 50 | 0.00 | 10 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 16.00 | 2.00 | 0.00 | \*N/A\* | 10.0 | 2.40 | 0.00 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | Weighted Daily Average |  |  | 1476 | 14.00 | 2161 | \*53 | \*0 | 57.45 | 0.00 | 142 | 165.59 | 14.44 | 84.56 | \*1614 | 523.5 | \*10.35 | 9.24 | | % of Calories |  |  |  | 8.54% |  | \*14.4% | \*0% | 35.0% | 0.0% |  | 44.9% |  | 22.9% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Tuesday - 05/07/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 990179 Pub Burger w/cheese | 1 Each | 1 | 220 | 7.50 | 450 | 1 | \*N/A\* | 16.25 | 0.00 | 62 | 1.00 | 0.00 | 18.00 | 100 | 75.0 | 0.00 | 1.08 | | 990156 BUN, HAMBURGER, POG | EACH | 1 | 150 | 0.00 | 250 | 5 | \*N/A\* | 2.00 | 0.00 | 0 | 29.00 | 3.00 | 6.00 | 0 | 60.0 | 0.00 | 1.80 | | 000142 ROMAINE (2oz) & TOMATO (1oz) | OZ | 1 | 4 | 0.00 | 19 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.29 | 2.42 | 0.06 | 1199 | 2.3 | 3.71 | 0.00 | | 990049 POTATO, CURLY | 1/2 CUP | 1 | 107 | 1.33 | 280 | 1 | \*N/A\* | 5.33 | 0.00 | 0 | 13.33 | 1.33 | 1.33 | 0 | 13.3 | 3.20 | 0.73 | | 990044 BEANS, GREEN (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 | | 990029 FRUIT MIX, CND (1/2 CUP) | 1/2 CUP | 1 | 70 | 0.00 | 0 | 15 | \*N/A\* | 0.00 | 0.00 | 0 | 17.00 | 1.00 | 0.00 | 5 | 5.0 | 4.00 | 0.00 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | | 000451 MUSTARD, YELLOW | TBSP | 1 | 11 | 0.03 | 188 | \*N/A\* | \*N/A\* | 0.66 | 0.00 | 0 | 0.96 | 0.15 | 0.70 | 0 | 12.6 | 0.00 | 0.30 | | 990045 PICKLES, SLICED | 4 EACH | 1 | 1 | 0.00 | 50 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 1 | 0.4 | 0.00 | 0.00 | | Weighted Daily Average |  |  | 1654 | 17.34 | 2951 | \*63 | \*0 | 68.44 | 0.00 | 100 | 185.37 | 17.10 | 82.61 | \*2252 | 665.0 | \*13.05 | 10.99 | | % of Calories |  |  |  | 9.44% |  | \*15.2% | \*0% | 37.2% | 0.0% |  | 44.8% |  | 20.0% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Wednesday - 05/08/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000188 CHICKEN, MANDARIN ORANGE | 1/2 CUP | 1 | 170 | 0.50 | 361 | 13 | \*N/A\* | 3.00 | 0.00 | 40 | 23.00 | 0.00 | 11.00 | \*N/A\* | 0.0 | 1.20 | 0.72 | | 990091 RICE, STIR FRIED | 1/3 CUP | 1 | 108 | 0.29 | 200 | \*1 | \*N/A\* | 2.54 | 0.00 | 0 | 18.53 | 0.87 | 2.06 | 342 | 1.9 | 0.00 | 0.33 | | 990097 BROCCOLI, STEAMED (1/2 CUP) | 1/2 CUP | 1 | 20 | 0.03 | 19 | \*N/A\* | \*N/A\* | 0.23 | 0.00 | 0 | 3.73 | 2.34 | 2.19 | 807 | 43.7 | 43.99 | 0.63 | | 990051 MANDARIN ORANGES (1/2 CUP) | 1/2 CUP | 1 | 73 | 0.00 | 8 | 18 | \*N/A\* | 0.00 | 0.00 | 0 | 18.63 | 0.81 | 0.81 | 0 | 0.0 | 0.00 | 0.40 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | Weighted Daily Average |  |  | 1472 | 9.33 | 2048 | \*77 | \*0 | 50.18 | 0.00 | 77 | 189.70 | 14.48 | 72.79 | \*16557 | 547.0 | \*50.59 | 8.78 | | % of Calories |  |  |  | 5.70% |  | \*20.9% | \*0% | 30.7% | 0.0% |  | 51.5% |  | 19.8% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Thursday - 05/09/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000215 TACO BEEF, WALKING | 1/3 CUP | 1 | 232 | 4.06 | 401 | \*2 | \*N/A\* | 14.28 | 2.03 | 53 | 9.10 | 2.19 | 19.18 | 615 | 45.7 | 2.00 | 0.72 | | 000478 POTATO, ROUNDS (LUNCH) | SERVING(10) | 1 | 156 | 2.30 | 304 | \*N/A\* | \*N/A\* | 8.28 | \*N/A\* | \*N/A\* | 18.40 | 1.84 | 1.84 | 0 | 0.0 | 3.31 | 0.66 | | 990145 CHIPS, DORITOS | BAG | 1 | 130 | 1.00 | 200 | 1 | \*N/A\* | 5.00 | 0.00 | 0 | 20.00 | 2.00 | 2.00 | \*N/A\* | 38.0 | \*N/A\* | 0.00 | | 990061 TACO CHEESE | OZ | 1 | 91 | 4.05 | 213 | 0 | \*N/A\* | 6.07 | 0.00 | 20 | 1.01 | 0.00 | 7.09 | 0 | 0.0 | 0.00 | 0.00 | | 000343 TOMATOES, DICED | 1/8 CUP | 1 | 5 | 0.01 | 1 | \*N/A\* | \*N/A\* | 0.06 | 0.00 | 0 | 1.10 | 0.34 | 0.25 | 236 | 2.8 | 3.88 | 0.08 | | 990279 Guacamole Extreme | 2 TBSP | 1 | 50 | 1.00 | 120 | 0 | 0 | 5.00 | 0.00 | 0 | 2.00 | 1.00 | 1.00 | \*N/A\* | \*N/A\* | \*N/A\* | 0.30 | | 001051 SALSA | TBSP | 1 | 5 | 0.00 | 16 | \*N/A\* | \*N/A\* | 0.03 | 0.00 | 0 | 0.99 | 0.19 | 0.21 | 78 | 1.7 | 0.57 | 0.32 | | 000103 TACO LETTUCE (ROMAINE) | 1/4 CUP | 1 | 9 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 9.45 | 0.00 | 4725 | 0.0 | 11.34 | 0.00 | | 000172 BEANS, REFRIED (1/2 CUP) | 1/2 CUP | 1 | 118 | 0.60 | 140 | \*N/A\* | \*N/A\* | 1.60 | 0.00 | 10 | 19.57 | 6.70 | 6.92 | 0 | 44.0 | 7.60 | 2.09 | | 990041 CORN (1/2 CUP) | 1/2 CUP | 1 | 66 | 0.08 | 1 | \*N/A\* | \*N/A\* | 0.55 | 0.00 | 0 | 15.83 | 2.00 | 2.09 | 163 | 2.0 | 2.90 | 0.39 | | 000086 ORANGE, FRESH (HALF) | HALF | 1 | 45 | 0.02 | 0 | \*N/A\* | \*N/A\* | 0.12 | 0.00 | 0 | 11.28 | 2.30 | 0.90 | 216 | 38.4 | 51.07 | 0.10 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | Weighted Daily Average |  |  | 1974 | 21.61 | 2796 | \*44 | \*0 | 85.18 | \*2.03 | \*121 | 216.66 | 36.02 | 97.38 | \*6760 | \*645.0 | \*82.89 | 11.08 | | % of Calories |  |  |  | 9.85% |  | \*8.9% | \*0% | 38.8% | \*0.9% |  | 43.9% |  | 19.7% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Friday - 05/10/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000559 PIZZA, PEPP STF CRST | EACH | 1 | 380 | 7.00 | 720 | 4 | \*N/A\* | 14.00 | 0.00 | 40 | 45.00 | 5.00 | 19.00 | 0 | 40.0 | 0.00 | 0.00 | | 000628 CHIP, CHEETOS Baked | BAG | 1 | 120 | 1.00 | 200 | 1 | \*N/A\* | 4.50 | 0.00 | 0 | 16.00 | 1.00 | 2.00 | 0 | 20.0 | 0.00 | 0.40 | | 990029 FRUIT MIX, CND (1/2 CUP) | 1/2 CUP | 1 | 70 | 0.00 | 0 | 15 | \*N/A\* | 0.00 | 0.00 | 0 | 17.00 | 1.00 | 0.00 | 5 | 5.0 | 4.00 | 0.00 | | 990087 COOK'S CHOICE FRUIT (1/2 CUP) | 1/2 CUP | 1 | 25 | 0.00 | 5 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 8.00 | 1.00 | 0.00 | \*N/A\* | 5.0 | 1.20 | 0.00 | | 990073 MIXED VEGGIES & CHEESE (1/2 CUP) | 1/2 CUP | 1 | 45 | 1.26 | 116 | \*0 | \*N/A\* | 2.20 | 0.00 | 8 | 2.55 | 1.00 | 2.42 | 107 | 562.7 | 67.77 | 0.18 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | Weighted Daily Average |  |  | 1999 | 20.22 | 2776 | \*62 | \*0 | 82.79 | 0.00 | 85 | 230.57 | 19.20 | 90.32 | \*840 | 1117.6 | 73.37 | 9.48 | | % of Calories |  |  |  | 9.10% |  | \*12.4% | \*0% | 37.3% | 0.0% |  | 46.1% |  | 18.1% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Monday - 05/13/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000357 CHICKEN STRIPS, BREADED (ELEM/MS) | Serving (3) | 1 | 230 | 3.51 | 591 | 1 | \*N/A\* | 15.03 | 0.00 | 40 | 10.02 | 1.00 | 15.03 | 0 | 18.0 | 0.00 | 2.00 | | 990165 ROLL, DINNER, POG | Each | 1 | 80 | 0.00 | 130 | 3 | \*N/A\* | 1.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | 0 | 20.0 | 0.00 | 0.72 | | 000440 POTATOES, MASHED | 1/2 CUP | 1 | 70 | 0.00 | 281 | \*1 | \*N/A\* | 0.70 | 0.00 | 0 | 13.94 | 1.39 | 1.39 | 0 | 9.6 | 6.27 | 0.21 | | 000581 GRAVY, CHICKEN (1 OZ) | OZ | 1 | 11 | 0.00 | 128 | \*0 | \*N/A\* | 0.21 | 0.00 | 0 | 1.69 | 0.00 | 0.00 | 0 | 0.8 | 0.00 | 0.00 | | 990041 CORN (1/2 CUP) | 1/2 CUP | 1 | 66 | 0.08 | 1 | \*N/A\* | \*N/A\* | 0.55 | 0.00 | 0 | 15.83 | 2.00 | 2.09 | 163 | 2.0 | 2.90 | 0.39 | | 990040 PEACHES (1/2 CUP) | 1/2 CUP | 1 | 45 | 0.00 | 0 | 9 | \*N/A\* | 0.00 | 0.00 | 0 | 10.80 | 0.90 | 0.90 | 14 | 8.1 | 5.40 | 0.00 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 000338 BBQ SAUCE | TBSP | 1 | 30 | 0.00 | 115 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 7.00 | 0.00 | 0.00 | 50 | 0.0 | 0.60 | 0.00 | | 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | | Weighted Daily Average |  |  | 1941 | 15.05 | 3261 | \*56 | \*0 | 83.08 | 0.00 | 83 | 219.79 | 17.49 | 89.30 | 1055 | 543.5 | 16.78 | 12.23 | | % of Calories |  |  |  | 6.98% |  | \*11.5% | \*0% | 38.5% | 0.0% |  | 45.3% |  | 18.4% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Tuesday - 05/14/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 990247 Pulled Pork Nacho's (ELEM) | each | 1 | 327 | 6.17 | 823 | \*4 | \*N/A\* | 16.91 | 0.00 | 56 | 24.94 | 1.50 | 19.56 | \*311 | \*195.8 | \*0.00 | \*66.00 | | 990118 LETTUCE, SHRD (1/4 CUP) | 1/4 CUP | 1 | 76 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 75.60 | 0.00 | 37799 | 0.0 | 90.72 | 0.00 | | 990281 Winter Mix | Cup | 1 | 30 | 0.00 | 15 | 1 | 0 | 0.00 | 0.00 | 0 | 4.00 | 2.00 | 1.00 | \*N/A\* | 10.0 | 24.00 | 0.36 | | 000133 APPLESAUCE CUP | EACH (4 OZ) | 1 | 44 | 0.00 | 13 | 11 | \*N/A\* | 0.00 | 0.00 | 0 | 12.44 | 0.89 | 0.89 | 53 | 888.9 | 0.00 | 0.00 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 001051 SALSA | TBSP | 1 | 5 | 0.00 | 16 | \*N/A\* | \*N/A\* | 0.03 | 0.00 | 0 | 0.99 | 0.19 | 0.21 | 78 | 1.7 | 0.57 | 0.32 | | Weighted Daily Average |  |  | 1548 | 14.66 | 2267 | \*57 | \*0 | 61.14 | 0.00 | 94 | 159.76 | 88.18 | 77.57 | \*38968 | \*1568.8 | \*115.50 | \*73.10 | | % of Calories |  |  |  | 8.52% |  | \*14.7% | \*0% | 35.5% | 0.0% |  | 41.3% |  | 20.0% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Wednesday - 05/15/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 990177 Louisiana Chicken Fillet | each | 1 | 210 | 1.00 | 590 | 0 | \*N/A\* | 6.00 | 0.00 | 50 | 19.00 | 1.00 | 18.00 | 0 | \*N/A\* | \*N/A\* | 1.44 | | 990156 BUN, HAMBURGER, POG | EACH | 1 | 150 | 0.00 | 250 | 5 | \*N/A\* | 2.00 | 0.00 | 0 | 29.00 | 3.00 | 6.00 | 0 | 60.0 | 0.00 | 1.80 | | 990048 BEANS, BAKED (1/2 CUP) | 1/2 CUP | 1 | 198 | 0.00 | 234 | \*7 | \*N/A\* | 0.99 | 0.00 | 0 | 39.29 | 4.83 | 4.86 | 64 | 8.5 | 0.97 | 0.08 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | | 000468 COLESLAW | 1/3 CUP | 1 | 51 | 0.30 | 78 | \*0 | \*N/A\* | 1.85 | 0.00 | 3 | 8.52 | 1.49 | 0.79 | 59 | 23.8 | 20.75 | 0.32 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | | 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | | 990045 PICKLES, SLICED | 4 EACH | 1 | 1 | 0.00 | 50 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 1 | 0.4 | 0.00 | 0.00 | | Weighted Daily Average |  |  | 1761 | 10.31 | 2943 | \*57 | \*0 | 58.75 | 0.00 | 95 | 226.12 | 20.78 | 86.38 | \*15633 | \*594.0 | \*28.32 | 10.33 | | % of Calories |  |  |  | 5.27% |  | \*12.9% | \*0% | 30.0% | 0.0% |  | 51.4% |  | 19.6% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Thursday - 05/16/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 990261 Chicken Nuggets Brakebush | 5 | 1 | 262 | 3.12 | 425 | 1 | 0 | 15.00 | 0.00 | 50 | 15.00 | 2.50 | 16.25 | \*N/A\* | 21.2 | \*N/A\* | 1.25 | | 000487 POTATOES, FRENCH FRIES, BAKED | 1/2 CUP | 1 | 120 | 0.50 | 40 | 0 | \*N/A\* | 3.50 | 0.00 | 0 | 20.00 | 1.00 | 2.00 | 0 | 10.0 | 0.00 | 0.60 | | 990280 Fresh Pepper Slices | 1/4 Cup | 1 | 7 | 0.00 | 1 | 0 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 720 | 2.0 | 29.40 | 0.10 | | 990029 FRUIT MIX, CND (1/2 CUP) | 1/2 CUP | 1 | 70 | 0.00 | 0 | 15 | \*N/A\* | 0.00 | 0.00 | 0 | 17.00 | 1.00 | 0.00 | 5 | 5.0 | 4.00 | 0.00 | | 000392 DELIGHT DESSERT | PIECE | 1 | 150 | 0.92 | 151 | \*N/A\* | \*N/A\* | 5.20 | 0.00 | 2 | 21.00 | 0.03 | 4.20 | 201 | 112.2 | 0.63 | 0.06 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | | 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | | Weighted Daily Average |  |  | 1724 | 13.53 | 2297 | \*57 | \*0 | 71.39 | 0.00 | 95 | 195.88 | 12.53 | 78.36 | \*1754 | 622.9 | \*35.44 | 8.44 | | % of Calories |  |  |  | 7.06% |  | \*13.2% | \*0% | 37.3% | 0.0% |  | 45.4% |  | 18.2% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Friday - 05/17/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000609 PIZZA CRUCHER (ELEM/MS) | SERVING (4) | 1 | 420 | 8.00 | 770 | 4 | \*N/A\* | 20.00 | 0.50 | 30 | 41.00 | 5.00 | 20.00 | 500 | 420.0 | 2.40 | 2.40 | | 990223 Celery Sticks | Sticks | 1 | 9 | 0.02 | 32 | 1 | \*N/A\* | 0.10 | 0.00 | 0 | 1.50 | 0.80 | 0.40 | 50 | 20.0 | 1.40 | 0.12 | | 000352 CHIPS, SUN | EACH | 1 | 140 | 1.00 | 120 | \*N/A\* | \*N/A\* | 6.00 | 0.00 | 0 | 18.00 | 2.00 | 2.00 | 0 | 0.0 | 0.00 | 0.36 | | 990087 COOK'S CHOICE FRUIT (1/2 CUP) | 1/2 CUP | 1 | 25 | 0.00 | 5 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 8.00 | 1.00 | 0.00 | \*N/A\* | 5.0 | 1.20 | 0.00 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | | Weighted Daily Average |  |  | 1989 | 20.48 | 2802 | \*47 | \*0 | 91.69 | 0.50 | 72 | 211.02 | 19.00 | 89.29 | \*1278 | 929.9 | 5.40 | 11.78 | | % of Calories |  |  |  | 9.27% |  | \*9.5% | \*0% | 41.5% | 0.2% |  | 42.4% |  | 18.0% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Monday - 05/20/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 990226 Chicken Chunks Proview | 4 Each | 1 | 160 | 1.00 | 430 | 0 | \*N/A\* | 4.00 | 0.00 | 40 | 15.00 | 1.00 | 17.00 | 100 | 20.0 | 1.20 | 1.44 | | 990165 ROLL, DINNER, POG | Each | 1 | 80 | 0.00 | 130 | 3 | \*N/A\* | 1.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | 0 | 20.0 | 0.00 | 0.72 | | 000440 POTATOES, MASHED | 1/2 CUP | 1 | 70 | 0.00 | 281 | \*1 | \*N/A\* | 0.70 | 0.00 | 0 | 13.94 | 1.39 | 1.39 | 0 | 9.6 | 6.27 | 0.21 | | 000581 GRAVY, CHICKEN (1 OZ) | OZ | 1 | 11 | 0.00 | 128 | \*0 | \*N/A\* | 0.21 | 0.00 | 0 | 1.69 | 0.00 | 0.00 | 0 | 0.8 | 0.00 | 0.00 | | 990041 CORN (1/2 CUP) | 1/2 CUP | 1 | 66 | 0.08 | 1 | \*N/A\* | \*N/A\* | 0.55 | 0.00 | 0 | 15.83 | 2.00 | 2.09 | 163 | 2.0 | 2.90 | 0.39 | | 990040 PEACHES (1/2 CUP) | 1/2 CUP | 1 | 45 | 0.00 | 0 | 9 | \*N/A\* | 0.00 | 0.00 | 0 | 10.80 | 0.90 | 0.90 | 14 | 8.1 | 5.40 | 0.00 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | | Weighted Daily Average |  |  | 1511 | 9.56 | 2510 | \*54 | \*0 | 50.65 | 0.00 | 77 | 192.64 | 15.30 | 80.30 | \*1104 | 533.0 | \*17.19 | 9.19 | | % of Calories |  |  |  | 5.69% |  | \*14.3% | \*0% | 30.2% | 0.0% |  | 51.0% |  | 21.3% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Tuesday - 05/21/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 000368 FRENCH TOAST STICKS (ELEM) | SERVING (3 PC) | 1 | 207 | 1.24 | 249 | 6 | \*N/A\* | 7.47 | 0.00 | 0 | 30.71 | 2.49 | 4.98 | 249 | 33.2 | 3.98 | 1.58 | | 000349 SYRUP,MAPLE | TBSP | 1 | 56 | 0.00 | 24 | 9 | \*N/A\* | 0.02 | 0.00 | 0 | 13.92 | 0.00 | 0.00 | 2 | 0.0 | 0.36 | 0.00 | | 000107 SAUSAGE PATTY (1 EACH) | EACH | 1 | 70 | 1.50 | 260 | 0 | \*N/A\* | 5.00 | 0.00 | 25 | 0.00 | 0.00 | 7.00 | 0 | 0.0 | 0.00 | 0.36 | | 000447 POTATO, TRI-TATER | EACH | 1 | 100 | 0.50 | 280 | 1 | \*N/A\* | 4.50 | 0.00 | 0 | 14.00 | 1.00 | 1.00 | 0 | 0.0 | 1.80 | 0.00 | | 000639 FRUITABLES | EACH | 1 | 60 | 0.00 | 15 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 500 | 0.0 | 60.00 | 0.00 | | 000068 BANANA (HALF) | HALF | 1 | 52 | 0.00 | 0 | 7 | \*N/A\* | 0.00 | 0.00 | 0 | 13.50 | 1.50 | 0.50 | 50 | 5.0 | 5.10 | 0.18 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | | Weighted Daily Average |  |  | 1626 | 11.73 | 2368 | \*76 | \*0 | 61.18 | 0.00 | 62 | 207.51 | 12.99 | 69.39 | \*1628 | 510.6 | \*72.65 | 8.54 | | % of Calories |  |  |  | 6.49% |  | \*18.7% | \*0% | 33.9% | 0.0% |  | 51.0% |  | 17.1% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Wednesday - 05/22/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 990277 Soft Pretzel W/Cheese | Each | 1 | 259 | 5.05 | 603 | 2 | \*N/A\* | 9.79 | 0.00 | 31 | 32.20 | 3.00 | 12.69 | 426 | 242.0 | 1.20 | 1.80 | | 000002 YOGURT CUP, VANILLA, FRZ (4OZ) | EACH | 1 | 100 | 1.50 | 75 | 17 | \*N/A\* | 2.00 | 0.00 | 5 | 17.00 | 0.00 | 3.00 | 100 | 100.0 | 0.00 | 0.36 | | 990077 STRAWBERRIES, FRZ (1/2 CUP) | 1/2 CUP | 1 | 73 | 0.00 | 1 | 14 | \*N/A\* | 0.00 | 0.00 | 0 | 18.63 | 1.62 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | | 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | Weighted Daily Average |  |  | 1803 | 17.51 | 2588 | \*69 | \*0 | 73.88 | 0.00 | 73 | 212.25 | 16.02 | 83.18 | 1375 | 850.8 | 2.32 | 11.71 | | % of Calories |  |  |  | 8.74% |  | \*15.3% | \*0% | 36.9% | 0.0% |  | 47.1% |  | 18.5% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Thursday - 05/23/2024** | | |  | |  | | --- | | **Elem Lunch Nutritionals** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | 990173 Pizza, The MAX Cheese | Each | 1 | 260 | 4.00 | 650 | 4 | \*N/A\* | 7.00 | 0.00 | 20 | 34.00 | 4.00 | 16.00 | \*N/A\* | 270.0 | \*N/A\* | 2.50 | | 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 | | 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 | | 000352 CHIPS, SUN | EACH | 1 | 140 | 1.00 | 120 | \*N/A\* | \*N/A\* | 6.00 | 0.00 | 0 | 18.00 | 2.00 | 2.00 | 0 | 0.0 | 0.00 | 0.36 | | 990087 COOK'S CHOICE FRUIT (1/2 CUP) | 1/2 CUP | 1 | 25 | 0.00 | 5 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 8.00 | 1.00 | 0.00 | \*N/A\* | 5.0 | 1.20 | 0.00 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | | Weighted Daily Average |  |  | 1809 | 15.96 | 2858 | \*46 | \*0 | 75.09 | 0.00 | 57 | 206.82 | 19.60 | 86.09 | \*968 | 807.9 | \*3.04 | 13.06 | | % of Calories |  |  |  | 7.94% |  | \*10.2% | \*0% | 37.4% | 0.0% |  | 45.7% |  | 19.0% |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  | | | | |  | |  | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | | Weighted Averages |  | 1743 | 15 | 2611 | \*58 | \*0 | 70.13 | \*0.21 | \*85 | 203.07 | 23.89 | 82.76 | \*7570 | \*766.6 | \*35.11 | \*14.20 | | % of Calories |  |  | 7.72% |  | \*13.3% | \*0% | 36.2% | \*0.1% |  | 46.6% |  | 19.0% |  |  |  |  | |  | |  |  |  | | | ***\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient \* - denotes combined nutrient totals with either missing or incomplete nutrient data ¹ - denotes required nutrient values***  ***² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.***  ***NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*** | | | |  |